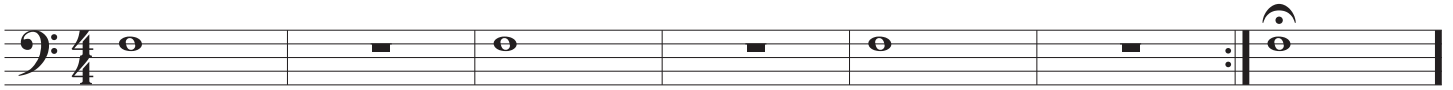


## 1 - Pure Sound Exercise

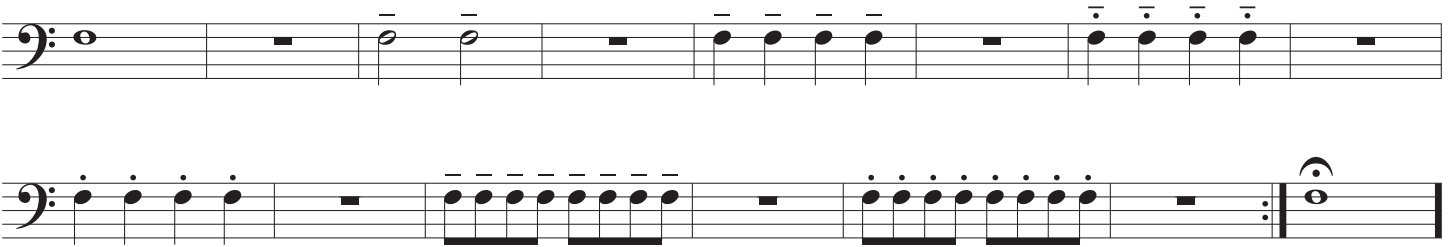
*F just - F/C drone*



No exercise is too "small" to leave unperfected!  
Keep someone else's sound in your ears at all times!

## 2 - Pure Articulation Exercise

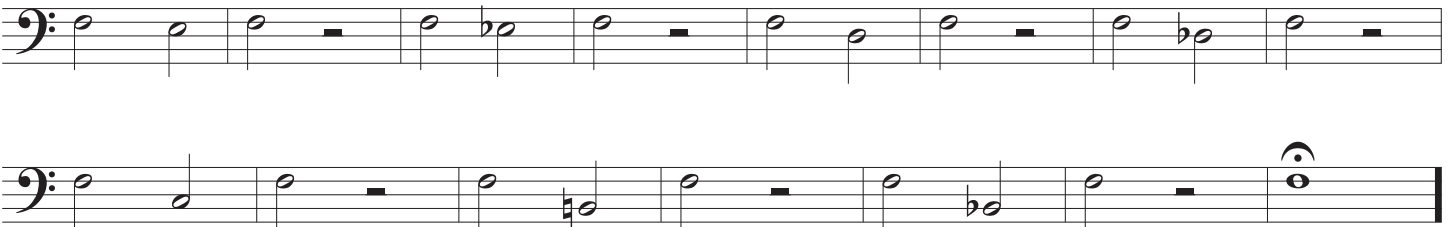
*F just - F/C drone*



Create a musical "reflex" by perfecting these articulation styles  
Don't let articulation get in the way of your best possible sound!

## 3a - Pure Interval Exercise (decending)

*F just - F/C drone*



"Predict" the sound of the next note - don't just react to it!  
Your air should be "surprised" your fingers have moved

## 3b - Pure Interval Exercise (ascending)

*F just - F/C drone*



The second note should be the same volume and quality as the outer notes  
Keep someone else's sound in your ears at all times!

**3c - Pure Interval Exercise (descending with lifted notes)**

*F just - F/C drone*

Move your fingers in between notes quickly  
Predict and center the second note immediately!

**3d - Pure Interval Exercise (ascending with lifted notes)**

*F just - F/C drone*

The second note should be the same volume and quality as the outer notes  
Predict and center the second note immediately!

**4 - Melodic Blend Exercise (F major)**

*F just - F/C drone*

Relate the sound of the drone to your pitch while moving note to note  
Keep someone else's sound in your ears at all times!

**5 - Harmonic Training (F Major)**

*F just - F/C drone*

*Triad by "Tessitura Balance"*

*Triad by "Harmonic Balance"*

*Simple Triad*